



Community and Recreation Centre Schedule

Horaire du Centre communautaire et récréatif

	MONDAY LUNDI		TUESDAY MARDI		WEDNESDAY MERCREDI		THURSDAY JEUDI		FRIDAY VENDREDI		SATURDAY SAMEDI					
	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM				
6:30AM - 7:00 AM		BLOCK BLOC 1 maximum 5		BLOCK BLOC 1 maximum 5		BLOCK BLOC 1 maximum 5		BLOCK BLOC 1 maximum 5		BLOCK BLOC 1 maximum 5						
7:00AM - 7:30AM	Open Lap Swim Natation en longueurs libre maximum 5				Open Lap Swim natation en longueurs libre maximum 5				Open Lap Swim natation en longueurs libre maximum 5			Open Lap Swim natation en longueurs libre maximum 5		Open Lap Swim natation en longueurs libre maximum 5		
7:30AM - 8:00AM																
8:00AM - 8:30AM																
8:30AM - 9:00AM																
9:00AM - 9:30AM	Open Lap Swim Natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5	Open Lap Swim Natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5	Open Lap Swim natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5	Open Lap Swim Natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5	Open Lap Swim natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5		BLOCK BLOC 1 maximum 10				
9:30AM - 10:00AM																
10:00AM - 10:30AM																
10:30AM - 11:00AM											Open Lap Swim natation en longueurs libre maximum 5	BLOCK BLOC 2 maximum 5				
11:00AM - 11:30AM	Adult Leisure Swim Natation récréative adulte maximum 10		Adult Leisure Swim natation récréative adulte maximum 10		Adult Leisure Swim natation récréative adulte maximum 10		Adult Leisure Swim natation récréative adulte maximum 10		Adult Leisure Swim natation récréative adulte maximum 10							
11:30AM - 12:00PM																
12:00PM - 12:30PM																
12:30PM - 1:00PM				BLOCK BLOC 3 maximum 5				BLOCK BLOC 3 maximum 5			Family Swim natation familiale maximum 20					
1:00PM - 1:30PM																
1:30PM - 2:00PM		BLOCK BLOC 3 maximum 10														
2:00PM - 2:30PM						BLOCK BLOC 3 maximum 10					BLOCK BLOC 3 maximum 10					
2:30PM - 3:00PM				BLOCK BLOC 4 maximum 10				BLOCK BLOC 4 maximum 10								
3:00PM - 3:30PM																
3:30PM - 4:00PM		BLOCK BLOC 4 maximum 10														
4:00PM - 4:30PM						BLOCK BLOC 4 maximum 10					BLOCK BLOC 4 maximum 10					
4:30PM - 5:00PM								BLOCK BLOC 5 maximum 10								
5:00PM - 5:30PM																
5:30PM - 6:00PM		BLOCK BLOC 5 maximum 10														
6:00PM - 6:30PM						BLOCK BLOC 5 maximum 10										
6:30PM - 7:00PM								BLOCK BLOC 6 maximum 10								
7:00PM - 7:30PM																
7:30PM - 8:00PM		BLOCK BLOC 6 maximum 10														
8:00PM - 8:30PM						BLOCK BLOC 6 maximum 10										
8:30PM - 9:00PM								BLOCK BLOC 7 maximum 10								