

**Community and Recreation Centre
Centre communautaire et récréatif**

Summer 2024	MONDAY LUNDI		TUESDAY MARDI		WEDNESDAY MERCREDI		THURSDAY JEUDI		FRIDAY VENDREDI		SATURDAY SAMEDI									
	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM								
6:30AM - 7:00 AM		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		Open Gym Gym libre 8:00 a.m. - 2 p.m.								
7:00AM - 7:30AM																				
7:30AM - 8:00AM	Open Lap Swim <i>Natation en longueurs libre</i> 7:00 a.m. - 9:00 a.m.				Open Lap Swim <i>Natation en longueurs libre</i> 7:00 a.m. - 9:00 a.m.				Open Lap Swim <i>Natation en longueurs libre</i> 7:00 a.m. - 9:00 a.m.				Open Lap Swim <i>Natation en longueurs libre</i> 7:00 a.m. - 9:00 a.m.		Open Lap Swim <i>Natation en longueurs libre</i> 7:00 a.m. - 9:00 a.m.					
8:00AM - 8:30AM																				
8:30AM - 9:00AM																				
9:00AM - 9:30AM	Aqua Fitness <i>Cours d'aquaforme</i> 9 a.m. - 9:45 a.m.														Aqua Fitness <i>Cours d'aquaforme</i> 9 a.m. - 9:45 a.m.		Open Lap Swim <i>Natation en longueurs libre</i> 9 a.m. - 10:30 p.m.			
9:30AM - 10:00AM																				
10:00AM - 10:30AM	Swimming lessons <i>Cours de natation</i>				Swimming lessons <i>Cours de natation</i>				Swimming lessons <i>Cours de natation</i>				Swimming lessons <i>Cours de natation</i>		Swimming lessons <i>Cours de natation</i>					
10:30AM - 11:00AM																				
11:00AM - 11:30AM	Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.				Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.				Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.				Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.		Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.		Adult Leisure Swim <i>Natation récréative adulte</i> 11:00 a.m. - 1:00 p.m.	Public Swim <i>Natation publique</i> 10:30 a.m. - 1:00 p.m.		
11:30AM-12:00PM																				
12:00PM - 12:30PM																				
12:30PM - 1:00PM																				
1:00PM - 1:30PM	Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.				Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.				Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.				Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.		Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.		Family Swim <i>Natation familiale</i> 1:00 p.m. - 3:00 p.m.	Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		
1:30PM - 2:00PM																				
2:00PM - 2:30PM																				
2:30PM - 3:00PM																				
3:00PM - 3:30PM	Open Lap Swim <i>Natation en longueurs libre</i> 3 p.m. - 4:00 p.m.				Parent & Tot Swim <i>Parent et bambin</i> 3:00 p.m. - 4:00 p.m.				Open Lap Swim <i>Natation en longueurs libre</i> 3 p.m. - 4:00 p.m.				Parent & Tot Swim <i>Parent et bambin</i> 3:00 p.m. - 4:00 p.m.		Open Lap Swim <i>Natation en longueurs libre</i> 3 p.m. - 4:00 p.m.					
3:30PM - 4:00PM																				
4:00PM - 4:30PM	Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26				Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26				Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26				Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26		Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26		Swimming lessons <i>Cours de natation</i> July/juillet 15 - 26	Open Gym Gym libre 6:30 a.m. - 9:00 p.m.		
4:30PM - 5:00PM																				
5:00PM - 5:30PM																				
5:30PM - 6:00PM																				
6:00PM - 6:30PM	Public Swim <i>Natation publique</i> 6:00 p.m. - 7:30 p.m.		Public Swim <i>Natation publique</i> 6:00 p.m. - 7:30 p.m.		Public Swim <i>Natation publique</i> 6:00 p.m. - 7:30 p.m.		Public Swim <i>Natation publique</i> 6:00 p.m. - 7:30 p.m.		Public Swim <i>Natation publique</i> 6:00 p.m. - 7:30 p.m.		Open Gym Gym libre 6:30 a.m. - 9:00 p.m.									
6:30PM - 7:00PM																				
7:00PM - 7:30PM																				
7:30PM - 8:00PM	Open Swim (Adult) <i>Natation ouvert (Adulte)</i> 7:30 p.m. - 8:30 p.m.				Open Swim (Adult) <i>Natation ouvert (Adulte)</i> 7:30 p.m. - 8:30 p.m.															
8:00PM - 8:30PM																				
8:30PM - 9:00PM																				

Summer Swimming Lesson Registration: July 6 th, 8:00 a.m.