COMMUNITY · SPORTS · CULTURE · RECREATION

LEISURE GUIDE

Find your *joie de vivre* in West Nipissing



West Nipissing Ouest

LEISURE GUIDE



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Find your *community* in West Nipissing

WEST NIPISSING COMMUNITY AND RECREATION CENTRE



Community Pool

Swim at the public pool, train at the gym, or attend an event at the West Nipissing Community and Recreation Centre.

219 O'Hara Street, Sturgeon Falls

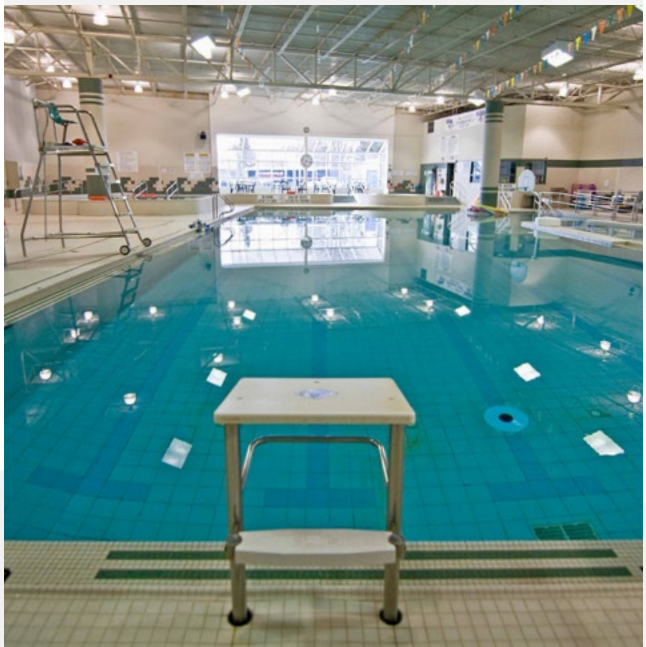
705-753-0160

recreation@westnipissing.ca

Community and Recreation Centre

Hours

Monday to Friday 6:30 a.m. to 9 p.m.
Saturday and Sunday 8 a.m. to 2 p.m.



The facility includes a 25-meter indoor swimming pool with 5 lanes, a wading pool for the little ones, a large hot tub, a water slide, a sauna and accessible change rooms.

Pool Programs

Includes Adult Lap Swim, Adult Leisure Swim, Open Lap Swim, Parent and Tot Swim, Family Swim, Public Swim, and Aquafit Classes.

Pool Programs

Swim Lessons

Includes Private lessons, Group lessons, Parent and Tot sessions. Residents must create an account to register online.

Swimming Lessons

Lifeguard Courses

Train with us to acquire the necessary experience and various levels of certifications.

Lifeguard Courses



PUBLIC SPACES FOR
RECREATION

Find your *strength* in West Nipissing

Fitness

At the Recreation Centre

219 O'Hara Street, Sturgeon Falls

Monday to Friday 6:30 a.m. to 9 p.m.
Saturday and Sunday: 8 a.m. to 2 p.m.

Fitness Centre – Sturgeon Falls



Verner Fitness Centre

11790 Hwy 64, Verner Municipal Building

Access is granted via keyless entry once guests have registered (must be 16 or older). Drop-ins are not available at this location.

Fitness Centre – Verner



Admissions

Recreation Centre users can choose to get a membership or pay per visit. Special rates are available for seniors, students, and families.

Rates and Memberships

Pickleball passes and locations vary seasonally.

Pickleball





Parks & Playgrounds

Parks and Playgrounds

Summer hours

Splashpads: 10 a.m. to 8 p.m.
Skatepark: 8 a.m. to 9 p.m.

Municipal parks are not supervised.

South Side Playground and Splashpad
Bayview Court, Sturgeon Falls

France Gareau Playground and Splashpad
11790 Highway ON-64, Verner

Cache Bay Playground and Splashpad
55 Cache Street, Cache Bay

Janen Street Playground
Janen Street, Sturgeon Falls

Richelieu Playground
Park Street & Third Street, Sturgeon Falls

Leblanc Road Playground
Leblanc Road, Sturgeon Falls

Piette Street Playground
Piette Street, Verner

Parc La Visitation Playground
Caron Road, Lavigne

Skateboard Park · Recreation Centre
210 Clark Street, Sturgeon Falls



Trails

Mashkinonje Provincial Park
9322 Highway 64, Monetville
10 hiking trails in stacked loops totaling 30 km
Mashkinonje Provincial Park

The Northeastern Ontario region features dense forests, serene lakes and remote camping spots. Locate all provincial parks in the area using:
ontarioparks.ca/park-locator

Theodore Fouriezos Wetlands Park
250 Fort Road, Sturgeon Falls
Fall and Winter trails. Snowshoe rentals available at the Sturgeon River House Museum.

Private Ski and Snowshoe Trails
404 Lac Clair Road, Sturgeon Falls
Membership required through the West Nipissing Nordic Ski Club / Sturgeon Falls Rod & Gun Club.





Minnehaha Bay

Municipal Marina

300 King St, Sturgeon Falls

705-753-9167

recreation@westnipissing.ca

Minnehaha Bay Marina

- Full-service marina
- Seasonal boat slips
- Open 7 days per week
- Typically open from May long weekend to October long weekend

Boat Launches

Boating and Beaches

Cache Bay Launch, Dock Road, Cache Bay

Cache Bay Launch, Teal Road, Cache Bay

Chebogan Lake Launch, Chebogan Road, Crystal Falls

Field Launch, Desjardins Street, Field

Holditch Street Launch, Holditch Street, Sturgeon Falls

Lavigne Launch, Highway 64, Lavigne

Museum Launch, 250 Fort Road, Sturgeon Falls
membership required 705-753-4716

Muskasong Lake Launch, Des Epinettes Road, Field

River Valley Launch, Highway 539, River Valley

St-Jean Road Launch, St-Jean Road, Verner

Beaches

Sturgeon Falls Beach Main Street, Sturgeon Falls

Lac Clair Beach Lac Clair Road, Field

St-Jean Road Beach St-Jean Road, Verner



Courts & Fields

705-753-0160

recreation@westnipissing.ca

Parks and Playgrounds

Baseball

Goulard Park (2 Baseball Diamonds)
219 O'Hara Street, Sturgeon Falls

PieXII Baseball Diamond
Leblanc Road, Sturgeon Falls

Richelieu Baseball Diamond
Park Street & Third Street, Sturgeon Falls

Tennis & Pickleball

Field Tennis Court
65 Jarbeau Road, Field

Sturgeon Falls Tennis & Pickleball Courts
Main Street Beach, Sturgeon Falls

Soccer

2 Legal Size Soccer Fields
Intersection of Demers Street and Riverfront Drive, Sturgeon Falls

Volleyball

Beach Volleyball Courts
Main Street Beach, Sturgeon Falls

Municipal Green Space

Richelieu Field
Park Street and Third Street, Sturgeon Falls

Goulard Park Field
219 O'Hara Street, Sturgeon Falls

France Gareau Park Field
11790 Highway 64, Verner

High School Fields

Terrain Roch Lachance Field (Franco-Cité)
90 Main Street, Sturgeon Falls

Northern Secondary Field and Running Track
175 Ethel Street, Sturgeon Falls



Find your *edge* in West Nipissing

Arenas

Marcel & Jane Labbé Arena

219 O'Hara Street, Sturgeon Falls

Verner Arena

80 Principale Street East, Verner

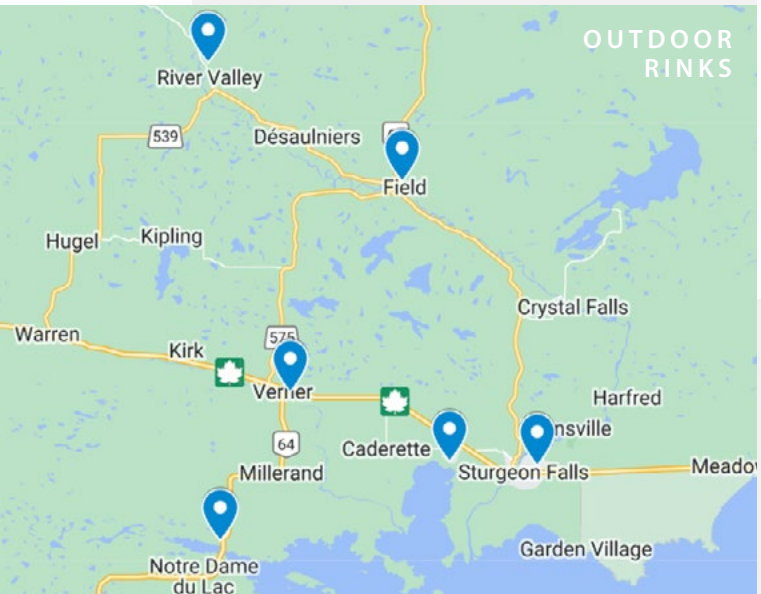
Free public skating is offered at both arenas during ice season.

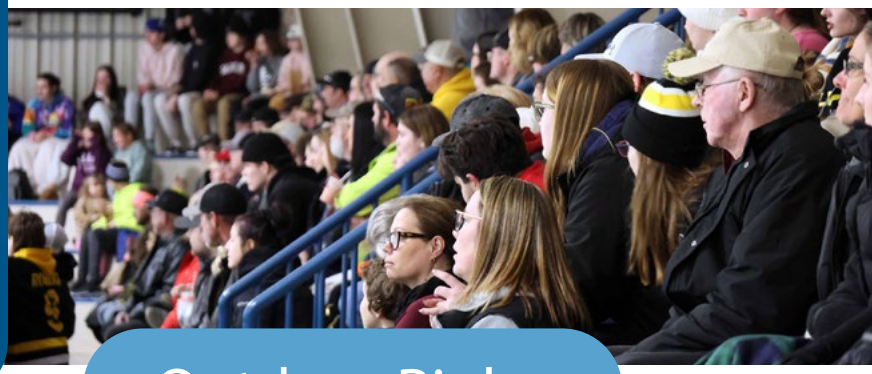
705-753-0160

recreation@westnipissing.ca

See the Arenas and Rinks page for:

- Detailed schedule of each arena
- Ice rental information and forms
- Outdoor rink status and locations





Outdoor Rinks

Hours

Monday to Friday 3 p.m. to 10 p.m.
Saturday and Sunday 10 a.m. to 10 p.m.

Rink availability is weather-permitting.

Cache Bay Rink
Railway Street, Cache Bay

Field Covered Rink
Jarbeau Street, Field

Goulard Park Rink
John Street, Sturgeon Falls

Lavigne Rink
Caron Road, Lavigne

River Valley Rink
St Joseph Street, River Valley

Verner Rink
Principale Street, Verner

LYNX PHOTOS BY RIVERWOLF ENT.



COMMUNITY GROUPS

CLUBS & LEAGUES

Find your *team spirit* in West Nipissing

Hockey & Skating

- Sturgeon Falls Arena Schedule
- Verner Arena Schedule

Hockey

60 & Over Hockey League

Les Boys Hockey League

Les Girls Hockey League

Sunday Night Hockey League

Sturgeon Falls Old Timers League

Town & Country Oldtimers League

Verner Minor Hockey Association – Verner Bulls

West Nipissing Lynx – Junior A Hockey

West Nipissing Minor Hockey Association – Sting

West Nipissing Men's Hockey League

West Nipissing Women's Hockey League

Skating

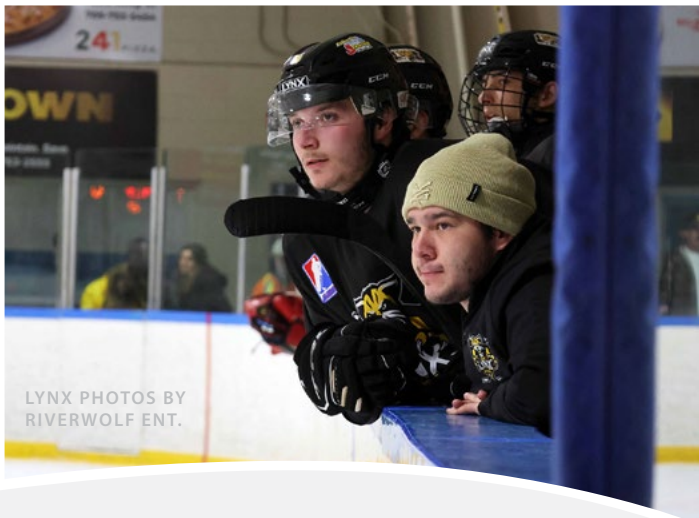
Verner Figure Skating Club

Ball Hockey

West Nipissing Minor Ball Hockey League







LYNX PHOTOS BY RIVERWOLF ENT.

We do our best to maintain a comprehensive and up-to-date Leisure Guide; however, many activities are organized by independent clubs and businesses. To recommend any corrections, please email us at volunteer@westnipissing.ca.






Sports & Leisure

Baseball

West Nipissing Baseball YOUTH
westnipissingbaseball@gmail.com
West Nipissing Baseball | Facebook

Mixed Three-Pitch League
Mixed three-pitch league | Facebook

Basketball

West Nipissing Basketball Camp YOUTH
westnipissing.basketball@gmail.com
West Nipissing Basketball Camp | Facebook

Bowling

Chatelanes Bowling
12025 Highway 17 E, Sturgeon Falls
705-753-1160
Chatelanes Bowl | Facebook

Curling

Sturgeon Falls Curling Club
228 Clark Street, Sturgeon Falls
705-753-1130, info@sfcc.ca
sfcc.ca

Cycling & Hiking

Cycling Route, Vive le Nord
West Nipissing, Warren, French River
discoveryroutes.ca/vive-le-nord

Cycling Route, Voyageur Sudbury to Ottawa
discoveryroutes.ca/voyageur-cycling-route

Discovery Routes
discoveryroutes.ca/area/west-nipissing

Provincial Parks
ontarioparks.ca

Golf

Laurentide Golf Club
65 Goulard Road, Sturgeon Falls
705-753-0983
laurentidegolfclub.com

Verner Golf Club
2 Highway 575, Verner,
705-594-2396
vernergolfclub.com

Gym & Fitness

Maxx Fitness
109 Third Street, Sturgeon Falls
Body Maxx Fitness

West Nipissing Community Health Centre Gym
68 Michaud Street, Sturgeon Falls, 705-753-0151
cscno-wnchc.org/venue/wnchc-gym

Municipal Pool and Fitness Programs
westnipissing.ca/pool-and-fitness



Martial Arts

Powell's Martial Arts Academy
51 Queen Street, Sturgeon Falls
705-580-2599
ccmaa.ca

West Nipissing Family Martial Arts Centre
59 William Street, Sturgeon Falls
705-918-1888, wnfmac@hotmail.com
West Nipissing Family Martial Arts | Facebook

Outdoor Adventure

Sturgeon Falls Rod & Gun Club
404 Lac Clair Road, Sturgeon Falls
Membership required
sfrgc.ca

West Nipissing Nordic Ski Club
404 Lac Clair Road, Sturgeon Falls
Membership required
West Nipissing Nordic Ski Club | Facebook

Pickleball

West Nipissing Ouest Pickleball Club
pickleballcanada.org/west-nipissing-ouest

Municipal Pickleball Program
westnipissing.ca/pickleball

Snowmobiling & ATVing

West Nipissing Snowmobile Club
westnipsnow@gmail.com
ofsc.on.ca

West Nipissing ATV Club
wnatvclub.ca

Soccer

West Nipissing Soccer YOUTH
wnsoccer2022@gmail.com
West Nipissing Soccer | Facebook

Swimming

Sharks Swim Team YOUTH
219 O'Hara Street, Sturgeon Falls
Sturgeon Falls Sharks

Municipal Swim Lessons and Pool Programs
westnipissing.ca/pool-and-fitness

Volleyball

Beach Volleyball STURGEON FALLS BEACH
Mixed 4x4 West Nipissing Beach Volleyball | Fb
Women's 4x4 West Nipissing Beach Volleyball | Fb

Indoor Volleyball
West Nipissing Mixed Volleyball | Fb
West Nipissing Women's Indoor Volley-ball | Fb

We do our best to maintain a comprehensive and up-to-date Leisure Guide; however, many activities are organized by independent clubs and businesses. To recommend any corrections, please email us at volunteer@westnipissing.ca.



BECOME A VOLUNTEER!

Volunteering is a great way to connect socially, move your body, and make a positive impact. Whether you're gardening, leading a team, or helping out at events, you will contribute to a thriving community. Add your name to the roster today. All ages are welcome!

Volunteer Opportunities
volunteer@westnipissing.ca
705-753-0160



Become a LIFEGUARD

Lifeguard Courses

Train with us to acquire the necessary experience and various levels of certifications. Paid positions available upon course completion.



Become a CROSSING GUARD

Employment

Paid Crossing Guard positions may be available in Sturgeon Falls and Verner. Visit the employment page to see all municipal job opportunities.



Join a COMMITTEE

Boards and Committees

Help shape the local government by bringing your expertise and ideas to the table. Members are appointed for a period between 1 and 4 years, depending on the committee.



Community Centres

705-753-0160

recreation@westnipissing.ca

See the Halls page for details and to download the rental form.







Halls and Venues

Cache Bay Community Centre
55 Cache Street, Cache Bay

David Lafleur Banquet Hall and Boardoom
at the Sturgeon River House Museum
250 Fort Road, Sturgeon Falls

Lavigne Community Centre
10576 Highway 64 South, Lavigne

Marcel Noël Community Hall
219 O'Hara Street, Sturgeon Falls

Monetville Community Centre
Highway 64 South, North Monetville

Verner Arena Hall
80 Principale Street East, Verner

West Nipissing Sports Hall of Fame
210 Clark Street, Sturgeon Falls

Amphitheaters

Outdoor Amphitheater by Minnehaha Bay
300 King St, Sturgeon Falls

Goulard Park Band Stand
John Street, Sturgeon Falls



Museum
Sturgeon River House

250 Fort Road, Sturgeon Falls

705-753-4716

museum@westnipissing.ca

Sturgeon River House Museum

Follow the Museum on Facebook and Instagram to hear about events and activities.





The Museum promotes and preserves West Nipissing's cultural and natural heritage. The Museum team offers bilingual educational programming for schools, tourist groups, and other organizations, as well as activities and events for all ages.

This rustic riverside venue can be rented for weddings, trade shows and conferences. Boat launch memberships and snowshoe rentals are also available at this location.



West Nipissing Public Library

Local library branches host many bilingual activities and training sessions throughout the year. Residents of all ages are welcome to join the crafting corners, book clubs, technology information sessions and other community activities.

Get more than books! The library offers sports equipment rental such as pickleball rackets, snowshoes, and walking poles.

Cache Bay Branch
55 Cache Street, Cache Bay
705-753-9393 cachebay@wnpl.ca

Field Branch
110 Morin Street, Field
705-758-6610 field@wnpl.ca

River Valley Branch
7 Forget Avenue, River Valley
705-758-1186 rivervalley@wnpl.ca

Verner Branch
11790 Highway 64, Verner
705-594-2800 verner@wnpl.ca

Main Branch
225 Holditch Street, Sturgeon Falls

705-753-2620

mail@wnpl.ca

West Nipissing Public Library

Follow the Library on Facebook and Instagram to hear about events and activities.





Arts & Culture

Arts & Crafts

West Nipissing Community Health Centre Crafts and Culture Workshops
68 Michaud Street, Sturgeon Falls
705-753-0151
cscno-wnchc.org/programs

Expressions! West Nipissing Art Gallery
705-753-6946
West Nipissing Art Gallery | Facebook

Workshops at Buttons Fabric and Yarn
200 Main Street, Sturgeon Falls
705-753-4545
buttonsqualityfabricandyarn.com

Beautification

CCL Lavigne Community Centre
CCL@lavigneontario.ca
lavigneontario.ca

Friends of the Sturgeon Falls Beach
Friends of the Sturgeon Falls Beach | Facebook

Sturgeon Falls Beautification Group
Sturgeon Falls Beautification Group | Facebook

Verner Beautification Group
Verner Beautification | Facebook

Family & Youth

The Lighthouse · Youth Positive Space
West Nipissing Community Health Centre
68 Michaud St, Sturgeon Falls, 705-753-0151
cscno-wnchc.org/youth-positive-space

Playgroups · Early ON Child and Family
Programming held at various locations
705-753-5765
wnccc.ca/services/early-on

Scouts de la 2e Nipissing-Ouest
51 Highway 575, Verner
705- 495-9492, scoutsdunipissingouest@gmail.com
Scouts de la 2e Nipissing-Ouest | Facebook

West Nipissing Dream Catchers Theatre Group
175 John Street, Sturgeon Falls
705-358-3555, wndreamcatchers@outlook.com
West Nipissing Dream Catchers | Facebook

Social Events & Culture

CCL Lavigne Community Centre
10576 Highway 64, Lavigne
705-594-9381, CCL@lavigneontario.ca
Centre Communautaire de Lavigne | Facebook

Field Recreational Committee Events
Field Recreational Commitee Events | Facebook

Les Compagnons des francs loisirs
705- 472-5547, admin@lescompagnons.org
lescompagnons.org

West Nipissing Pride Committee
westnipissingpride@gmail.com
West Nipissing Pride | Facebook



Societies & Clubs

Cache Bay United 50+ Seniors Club
53 Bain Avenue, Cache Bay
Cache Bay United Senior's Club | Facebook

Club de l'Amitié
11795 Highway 64, Verner
705-594-9880
Club de l'Amitié Verner | Facebook

Club Richelieu
richelieu.sf@gmail.com
Club Richelieu Strugeon Falls | Facebook

Châtelaines · Au Château
100 rue Michaud St
705-753-1550

Golden Age Club
Field: 65 Jarbeau St
River Valley: 16 Jacques St
Sturgeon Falls: 109 Third St, 705-753-2451

Knights of Columbus
info@chevaliersdecolomb.com
kofc.org

Sacré-Coeur: 186 Main St, 705-753-1682
Our Lady of Sorrows: 45 John St, Sturgeon Falls
Resurrection: 55 Cache St, Cache Bay
Père Paradis: 1284 Highway 64 S, Verner
Msgr. Walter Bradley: Field

Lady Auxiliary, Royal Canadian Legion
Branch 225: 201 River Street, Sturgeon Falls
lapresident@westnipissinglegion.ca
Ladies Auxiliary of the Royal Canadian Legion - Branch #225 | Facebook

Royal Canadian Legion, Branch 225
201 River Street, Sturgeon Falls
705-753-0921, mailbox@westnipissinglegion.ca
West Nipissing Legion - Branch 225 | Facebook

Société Historique de Nipissing Ouest
Société historique de Nipissing Ouest | Facebook

Union Culturelle des Franco-Ontariennes
Strugeon Falls: 45 John Street, 705-482-1486
Verner: 11790 Hwy 64 South, ucfoverner@gmail.com
Union Culturelle des Franco-Ontariennes | Facebook

West Nipissing Historical Society
West Nipissing Historical Society | Facebook

Downtown Art Walk

Downtown Art Walk

Wander the streets downtown and discover a large collection of uplifting murals among the unique shops and favorite local eating spots.

West Nipissing would not be as vibrant without the invaluable contributions from local volunteers who facilitate and participate in beautification initiatives. Thank you!

We do our best to maintain a comprehensive and up-to-date Leisure Guide; however, many activities are organized by independent clubs and businesses. To recommend any corrections, please email us at volunteer@westnipissing.ca.



EVENTS
HOSTED BY THE MUNICIPALITY

Events Calendar

Find your *fun* in West Nipissing

FEBRUARY

Family Day weekend activities at the arenas, pool, museum and libraries

MARCH

March Break programming at the arenas, pool, museum and libraries

JULY

Canada Day activities, followed by fireworks at the Sturgeon Falls beach

OCTOBER

Fall Festival at the museum

Kids Safe Halloween at the Community and Recreation Centre

DECEMBER

Parade of Lights downtown

Seniors Christmas Party at Marcel Noël Hall

Holiday activities at the arenas, pool, museum and libraries



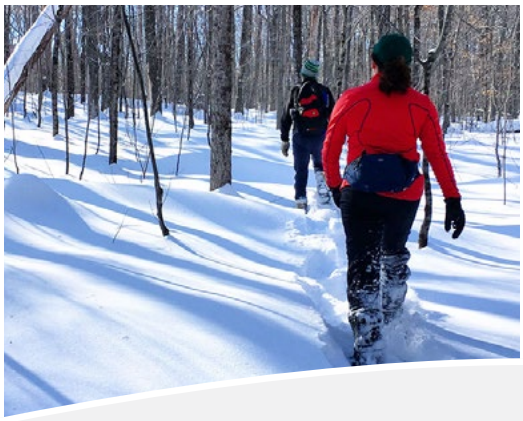















Follow us on social media to hear more about local events and programming



EVENTS
HOSTED BY THE COMMUNITY

Bluegrass Music Festival
24 Alphonse Road, River Valley
705-758-9659
rivervalleybluegrasspark.ca

Feast on the Farm
744 Quesnel Road, Sturgeon Falls
705-753-1876
contact@leisurefarms.ca
leisurefarms.ca

Field Winter Carnival
Field Covered Rink, Jarbeau Street
Field Recreational Committee Events

River & Sky Music and Camping Festival
Fisher's Paradise, 3636 Highway 539, Field
705-280-7206
info@riverandsky.ca
riverandsky.ca

Verner Ram Rodeo
141 Millrand Road, Verner
705-477-0662
ramrodeoontario.com

West Nipissing Pride Parade
Downtown Sturgeon Falls
westnipissingpride@gmail.com
westnipissingpride.ca

Outdoor Summer Market Series
204 King Street, Sturgeon Falls
Sturgeon Falls Beautification Group

Fishing Tournaments

Sturgeon Falls Pike Tournament · Cache Bay
piketournament@gmail.com
piketournament.ca

Nipissing Bass Series · Sturgeon Falls
Nipissing Bass Series

North Bay BASSmaster Classic · Lavigne
northbaybassmaster@gmail.com
northbaybassmasters.com

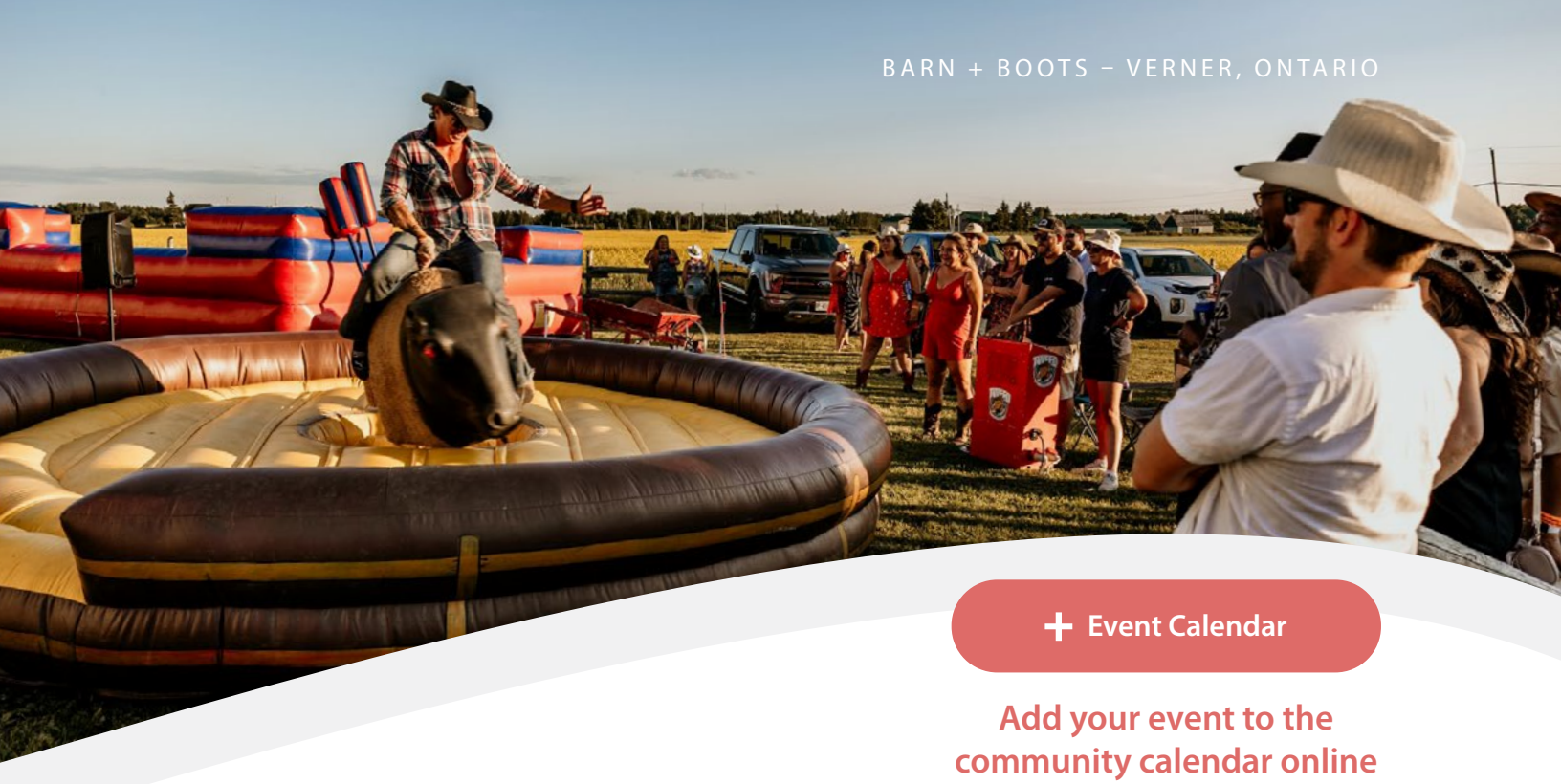
Pow Wows

Dokis First Nation
Giiwejwan Traditional Grounds
Annual event in June
DokisPowwow

Nipissing First Nation
Garden Villlage
Annual event on Labour Day weekend
NFN Annual PowWow

The Leisure Guide does not feature all events in the area. However, community groups and businesses can request to add functions to the online events calendar at any time.

westnipissing.ca/events



BARN + BOOTS – VERNER, ONTARIO

+ Event Calendar

Add your event to the community calendar online

ENTERTAINMENT
& OUTDOOR LEISURE

Barn + Bliss Weddings and Events
150 Eugene Road, Verner
705-677- 4584
barnandbliss@gmail.com
barnandbliss.com

Conseil des Arts Nipissing Ouest
90 Main Street, Sturgeon Falls
705-753-6000
info@lecano.ca
lecano.ca

Club Calumet
227 King Street, Sturgeon Falls
clubc0404@gmail.com
Club Calumet

Lavigne Tavern
10521 Highway 64, Lavigne
705-594-2301
lavignetavern.com

Leisure Farms
744 Quesnel Road, Sturgeon Falls
705-753- 1876
contact@leisurefarms.ca
leisurefarms.ca

Old McDonald's Family Farm
140 Poirier Road, Lavigne
705-492-2344
info@oldmcdonaldsfamilyfarm.ca
oldmcdonaldsfamilyfarm.ca

Sonia's Patio
227 King Street, Sturgeon Falls
705-753-9092
info@soniaspatio.com
Sonia's Patio

Twiggs Sturgeon Falls
300 King Street, Sturgeon Falls
705-753-5881
Twiggs SF

The Leisure Guide is not a directory of all local businesses. While we do our best to keep leisure information current, some details may have changed. To recommend corrections, please email us at volunteer@westnipissing.ca.


Find your joy in West Nipissing
westnipissingouest.ca