COMMUNITY · SPORTS · CULTURE · RECREATION

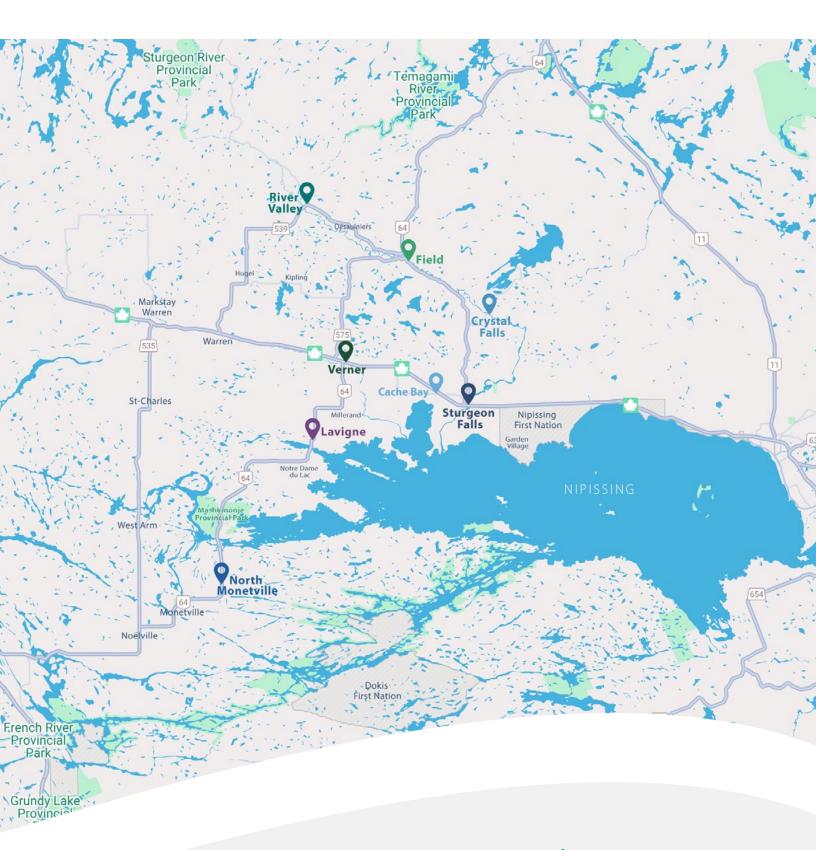
# LESURE GULE

Find your *joie de vivre* in West Nipissing



# LEISURE GUIDE

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Find your *Community* in West Nipissing

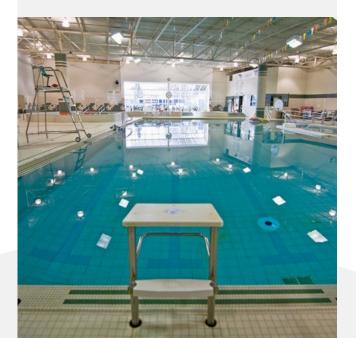


Swim at the public pool, train at the gym, or attend an event at the West Nipissing Community and Recreation Centre.

- 219 O'Hara Street, Sturgeon Falls
- 705-753-0160
- recreation@westnipissing.ca
- Community and Recreation Centre

#### Hours

Monday to Friday 6:30 a.m. to 9 p.m. Saturday and Sunday 8 a.m. to 2 p.m.



The facility includes a 25-meter indoor swimming pool with 5 lanes, a wading pool for the little ones, a large hot tub, a water slide, a sauna and accessible change rooms.

# **Pool Programs**

Includes Adult Lap Swim, Adult Leisure Swim, Open Lap Swim, Parent and Tot Swim, Family Swim, Public Swim, and Aquafit Classes.

Pool Programs

# **Swim Lessons**

Includes Private lessons, Group lessons, Parent and Tot sessions. Residents must create an account to register online.

Swimming Lessons

# **Lifeguard Courses**

Train with us to acquire the necessary experience and various levels of certifications.

<u>Section</u> Lifeguard Courses



# 1101033

# At the Recreation Centre

• 219 O'Hara Street, Sturgeon Falls

Monday to Friday 6:30 a.m. to 9 p.m. Saturday and Sunday: 8 a.m. to 2 p.m.

Fitness Centre – Sturgeon Falls

# **Verner Fitness Centre**

• 11790 Hwy 64, Verner Municipal Building Access is granted via keyless entry once guests have registered (must be 16 or older). Drop-ins are not available at this location.

Fitness Centre – Verner

# **Admissions**

Recreation Centre users can choose to get a membership or pay per visit. Special rates are available for seniors, students, and families.

Rates and Memberships

Pickleball passes and locations vary seasonally.

Pickleball









Parks and Playgrounds

### Summer hours

Splashpads: 10 a.m. to 8 p.m. Skatepark: 8 a.m. to 9 p.m.

Municipal parks are not supervised.

# **South Side Playground and Splashpad**

Bayview Court, Sturgeon Falls

# France Gareau Playground and Splashpad

11790 Highway ON-64, Verner

# **Cache Bay Playground and Splashpad**

• 55 Cache Street, Cache Bay

# Janen Street Playground

♥ Janen Street, Sturgeon Falls

# **Richelieu Playground**

Park Street & Third Street, Sturgeon Falls

# **Leblanc Road Playground**

• Leblanc Road, Sturgeon Falls

# **Piette Street Playground**

• Piette Street, Verner

# **Parc La Visitation Playground**

• Caron Road, Lavigne

#### **Skateboard Park · Recreation Centre**

210 Clark Street, Sturgeon Falls



**Trails** 

# **Mashkinonje Provincial Park**

9322 Highway 64, Monetville 10 hiking trails in stacked loops totaling 30 km Mashkinonje Provincial Park

The Northeastern Ontario region features dense forests, serene lakes and remote camping spots. Locate all provincial parks in the area using:

• ontarioparks.ca/park-locator

#### **Theodore Fouriezos Wetlands Park**

250 Fort Road, Sturgeon Falls Fall and Winter trails. Snowshoe rentals available at the Sturgeon River House Museum.

#### **Private Ski and Snowshoe Trails**

• 404 Lac Clair Road, Sturgeon Falls Membership required through the West Nipissing Nordic Ski Club / Sturgeon Falls Rod & Gun Club.



# Minnehaha Bay

# **Municipal Marina**

- 300 King St, Sturgeon Falls
- **\** 705-753-9167
- recreation@westnipissing.ca
- Minnehaha Bay Marina
  - Full-service marina
  - Seasonal boat slips
  - Open 7 days per week
- Typically open from May long weekend to October long weekend

# **Boat Launches**

- Boating and Beaches
- **Q Cache Bay Launch**, Dock Road, Cache Bay
- Cache Bay Launch, Teal Road, Cache Bay
- **Chebogan Lake Launch**, Chebogan Road, Crystal Falls
- Field Launch, Desjardins Street, Field
- **Q Holditch Street Launch**, Holditch Street, Sturgeon Falls
- Lavigne Launch, Highway 64, Lavigne
- Museum Launch, 250 Fort Road, Sturgeon Falls membership required \$\frac{1}{2}\$, 705-753-4716
- Muskasong Lake Launch, Des Epinettes Road, Field
- River Valley Launch, Highway 539, River Valley
- St-Jean Road Launch, St-Jean Road, Verner

# Beaches

- Sturgeon Falls Beach Main Street, Sturgeon Falls
- Lac Clair Beach Lac Clair Road, Field
- St-Jean Road Beach St-Jean Road, Verner



- **9** 705-753-0160
- recreation@westnipissing.ca
- Parks and Playgrounds

# Baseball

## **Goulard Park (2 Baseball Diamonds)**

219 O'Hara Street, Sturgeon Falls

#### **PieXII Baseball Diamond**

• Leblanc Road, Sturgeon Falls

#### **Richelieu Baseball Diamond**

Park Street & Third Street, Sturgeon Falls

# **Tennis & Pickleball**

#### **Field Tennis Court**

• 65 Jarbeau Road, Field

## **Sturgeon Falls Tennis & Pickleball Courts**

Main Street Beach, Sturgeon Falls

# Soccer

## **2 Legal Size Soccer Fields**

• Intersection of Demers Street and Riverfront Drive, Sturgeon Falls

# Volleyball

# **Beach Volleyball Courts**

• Main Street Beach, Sturgeon Falls

# Municipal Green Space

#### **Richelieu Field**

• Park Street and Third Street, Sturgeon Falls

#### **Goulard Park Field**

219 O'Hara Street, Sturgeon Falls

#### **France Gareau Park Field**

11790 Highway 64, Verner

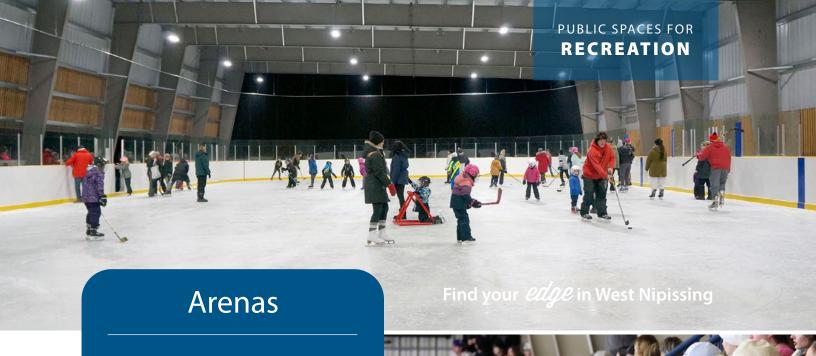
# **High School Fields**

#### **Terrain Roch Lachance Field (Franco-Cité)**

**Q** 90 Main Street, Sturgeon Falls

# **Northern Secondary Field and Running Track**

• 175 Ethel Street, Sturgeon Falls



# Marcel & Jane Labbé Arena

219 O'Hara Street, Sturgeon Falls

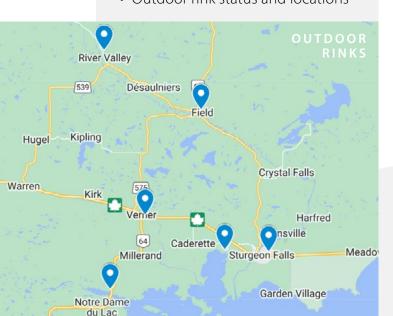
# **Verner Arena**

• 80 Principale Street East, Verner

# Free public skating is offered at both arenas during ice season.

- **\( 705-753-0160 \)**

- Detailed schedule of each arena
- Ice rental information and forms
- Outdoor rink status and locations



# Outdoor Rinks

## Hours

Monday to Friday 3 p.m. to 10 p.m. Saturday and Sunday 10 a.m. to 10 p.m.

Rink availability is weather-permitting.

# **Cache Bay Rink**

Railway Street, Cache Bay

#### **Field Covered Rink**

♀ Jarbeau Street, Field

#### **Goulard Park Rink**

O John Street, Sturgeon Falls

## **Lavigne Rink**

Caron Road, Lavigne

## **River Valley Rink**

St Joseph Street, River Valley

#### **Verner Rink**

Principale Street, Verner



# **Hockey & Skating**

- **Sturgeon Falls Arena Schedule**
- **𝚱** Verner Arena Schedule

# Hockey

60 & Over Hockey League

Les Boys Hockey League

Les Girls Hockey League

Sunday Night Hockey League

Sturgeon Falls Old Timers League

Town & Country Oldtimers League

Verner Minor Hockey Association – Verner Bulls

West Nipissing Lynx – Junior A Hockey

West Nipissing Minor Hockey Association – Sting

West Nipissing Men's Hockey League

West Nipissing Women's Hockey League

# Skating

Verner Figure Skating Club

# **Ball Hockey**

West Nipissing Minor Ball Hockey League











# Sports & Leisure

# Baseball

**West Nipissing Baseball** YOUTH westnipissingbaseball@gmail.com West Nipissing Baseball | Facebook

# **Mixed Three-Pitch League**

Mixed three-pitch league | Facebook

# **Basketball**

**West Nipissing Basketball Camp** YOUTH westnipissing.basketball@gmail.com
West Nipissing Basketball Camp | Facebook

# Bowling

#### **Chatelanes Bowling**

12025 Highway 17 E, Sturgeon Falls 705-753-1160 Chatelanes Bowl | Facebook

# Curling

## **Sturgeon Falls Curling Club**

228 Clark Street, Sturgeon Falls 705-753-1130, info@sfcc.ca sfcc.ca

# Cycling & Hiking

## Cycling Route, Vive le Nord

West Nipissing, Warren, French River discoveryroutes.ca/vive-le-nord

**Cycling Route, Voyageur** Sudbury to Ottawa <u>discoveryroutes.ca/voyageur-cycling-route</u>

### **Discovery Routes**

discoveryroutes.ca/area/west-nipissing

#### **Provincial Parks**

ontarioparks.ca

# Golf

#### **Laurentide Golf Club**

65 Goulard Road, Sturgeon Falls 705-753-0983 <u>laurentidegolfclub.com</u>

#### **Verner Golf Club**

2 Highway 575, Verner, 705-594-2396 vernergolfclub.com

# Gym & Fitness

#### **Maxx Fitness**

109 Third Street, Sturgeon Falls Body Maxx Fitness

## **West Nipissing Community Health Centre Gym**

68 Michaud Street, Sturgeon Falls, 705-753-0151 cscno-wnchc.org/venue/wnchc-gym

# **Municipal Pool and Fitness Programs**

westnipissing.ca/pool-and-fitness



# **Martial Arts**

# **Powell's Martial Arts Academy**

51 Queen Street, Sturgeon Falls 705-580-2599 ccmaa.ca

# **West Nipissing Family Martial Arts Centre**

59 William Street, Sturgeon Falls 705-918-1888, wnfmac@hotmail.com <u>West Nipissing Family Martial Arts | Facebook</u>

# **Outdoor Adventure**

## **Sturgeon Falls Rod & Gun Club**

404 Lac Clair Road, Sturgeon Falls Membership required <u>sfrgc.ca</u>

## **West Nipissing Nordic Ski Club**

404 Lac Clair Road, Sturgeon Falls Membership required West Nipissing Nordic Ski Club | Facebook

# **Pickleball**

# **West Nipissing Ouest Pickleball Club**

pickleballcanada.org/west-nipissing-ouest

# **Municipal Pickleball Program**

westnipissing.ca/pickleball

# **Snowmobiling & ATVing**

# **West Nipissing Snowmobile Club**

westnipsnow@gmail.com ofsc.on.ca

## **West Nipissing ATV Club**

wnatvclub.ca

# Soccer

# West Nipissing Soccer YOUTH

wnsoccer2022@gmail.com West Nipissing Soccer | Facebook

# Swimming

#### Sharks Swim Team YOUTH

219 O'Hara Street, Sturgeon Falls <u>Sturgeon Falls Sharks</u>

# **Municipal Swim Lessons and Pool Programs**

westnipissing.ca/pool-and-fitness

# Volleyball

# Beach Volleyball STURGEON FALLS BEACH

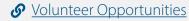
Mixed 4x4 West Nipissing Beach Volleyball | Fb Women's 4x4 West Nipissing Beach Volleyball | Fb

## **Indoor Volleyball**

West Nipissing Mixed Volleyball | Fb West Nipissing Women's Indoor Volley-ball | Fb



Volunteering is a great way to connect socially, move your body, and make a positive impact. Whether you're gardening, leading a team, or helping out at events, you will contribute to a thriving community. Add your name to the roster today. All ages are welcome!









Become a **LIFEGUARD** 

Lifeguard Courses

Train with us to acquire the necessary experience and various levels of certifications. Paid positions available upon course completion.



Become a **CROSSING GUARD** 

Employment

Paid Crossing Guard positions may be available in Sturgeon Falls and Verner. Visit the employment page to see all municipal job opportunities.



Join a COMMITTEE

**S** Boards and Committees

Help shape the local government by bringing your expertise and ideas to the table. Members are appointed for a period between 1 and 4 years, depending on the committee.



- **\** 705-753-0160
- recreation@westnipissing.ca
- See the <u>Halls</u> page for details and to download the rental form.



## **Cache Bay Community Centre**

• 55 Cache Street, Cache Bay

# **David Lafleur Banquet Hall and Boardoom**

at the Sturgeon River House Museum

250 Fort Road, Sturgeon Falls

# **Lavigne Community Centre**

• 10576 Highway 64 South, Lavigne

# **Marcel Noël Community Hall**

219 O'Hara Street, Sturgeon Falls

# **Monetville Community Centre**

Highway 64 South, North Monetville

#### **Verner Arena Hall**

80 Principale Street East, Verner

# **West Nipissing Sports Hall of Fame**

• 210 Clark Street, Sturgeon Falls

# **Amphitheaters**

# **Outdoor Amphitheater by Minnehaha Bay**

**♀** 300 King St, Sturgeon Falls

## **Goulard Park Band Stand**

On Street, Sturgeon Falls



- 250 Fort Road, Sturgeon Falls
- **\** 705-753-4716
- museum@westnipissing.ca
- Sturgeon River House Museum
- Follow the Museum on <u>Facebook</u> and <u>Instagram</u> to hear about events and activities.

The Museum promotes and preserves West Nipissing's cultural and natural heritage. The Museum team offers bilingual educational programming for schools, tourist groups, and other organizations, as well as activities and events for all ages.

This rustic riverside venue can be rented for weddings, trade shows and conferences. Boat launch memberships and snowshoe rentals are also available at this location.







Local library branches host many bilingual activities and training sessions throughout the year. Residents of all ages are welcome to join the crafting corners, book clubs, technology information sessions and other community activities.

Get more than books! The library offers sports equipment rental such as pickleball rackets, snowshoes, and walking poles.

## **Cache Bay Branch**

9 55 Cache Street, Cache Bay

📞 705-753-9393 🛮 🖊 cachebay@wnpl.ca

#### **Field Branch**

• 110 Morin Street, Field

## **River Valley Branch**

7 Forget Avenue, River Valley

📞 705-758-1186 🤝 rivervalley@wnpl.ca

#### **Verner Branch**

9 11790 Highway 64, Verner

📞 705-594-2800 🔛 verner@wnpl.ca

### **Main Branch**

225 Holditch Street, Sturgeon Falls

**\** 705-753-2620

mail@wnpl.ca

West Nipissing Public Library

Follow the Library on <u>Facebook</u> and <u>Instagram</u> to hear about events and activities.



# Arts & Culture

# **Arts & Crafts**

# West Nipissing Community Health Centre Crafts and Culture Workshops

68 Michaud Street, Sturgeon Falls 705-753-0151 cscno-wnchc.org/programs

# **Expressions! West Nipissing Art Gallery**

705-753-6946 West Nipissing Art Gallery | Facebook

# **Workshops at Buttons Fabric and Yarn**

200 Main Street, Sturgeon Falls 705-753-4545 buttonsqualityfabricandyarn.com

# Beautification

# **CCL Lavigne Community Centre**

CCL@lavigneontario.ca lavigneontario.ca

# Friends of the Sturgeon Falls Beach

<u>Friends of the Sturgeon Falls Beach | Facebook</u>

# **Sturgeon Falls Beautification Group**

Sturgeon Falls Beautification Group | Facebook

## **Verner Beautification Group**

Verner Beautification | Facebook

# Family & Youth

## **The Lighthouse · Youth Positive Space**

West Nipissing Community Health Centre 68 Michaud St, Sturgeon Falls, 705-753-0151 <a href="mailto:cscno-wnchc.org/youth-positive-space">cscno-wnchc.org/youth-positive-space</a>

## **Playgroups · Early ON Child and Family**

Programming held at various locations 705-753-5765 wnccc.ca/services/early-on

## Scouts de la 2e Nipissing-Ouest

51 Highway 575, Verner 705- 495-9492, scoutsdunipissingouest@gmail.com Scouts de la 2e Nipissing-Ouest | Facebook

# **West Nipissing Dream Catchers Theatre Group**

175 John Street, Sturgeon Falls 705-358-3555, wndreamcatchers@outlook.com West Nipissing Dream Catchers | Facebook

# Social Events & Culture

# **CCL Lavigne Community Centre**

10576 Highway 64, Lavigne 705-594-9381, CCL@lavigneontario.ca Centre Communautaire de Lavigne | Facebook

#### **Field Recreational Committee Events**

Field Recreational Committee Events | Facebook

#### Les Compagnons des francs loisirs

705-472-5547, admin@lescompagnons.org lescompagnons.org

#### **West Nipissing Pride Committee**

westnipissingpride@gmail.com West Nipissing Pride | Facebook



# Societies & Clubs

### **Cache Bay United 50+ Seniors Club**

53 Bain Avenue, Cache Bay Cache Bay United Senior's Club | Facebook

### Club de l'Amitié

11795 Highway 64, Verner 705-594-9880 Club de l'Amitié Verner | Facebook

#### **Club Richelieu**

richelieu.sf@gmail.com Club Richelieu Strugeon Falls | Facebook

#### Châtelaines · Au Château

100 rue Michaud St 705-753-1550

#### **Golden Age Club**

Field: 65 Jarbeau St River Valley: 16 Jacques St

Sturgeon Falls: 109 Third St, 705-753-2451

# Downtown Art Walk

# **9** Downtown Art Walk

Wander the streets downtown and discover a large collection of uplifting murals among the unique shops and favorite local eating spots.

West Nipissing would not be as vibrant without the invaluable contributions from local volunteers who facilitate and participate in beautification initiatives. Thank you!

## **Knights of Columbus**

info@chevaliersdecolomb.com kofc.org

Sacré-Coeur: 186 Main St, 705-753-1682 Our Lady of Sorrows: 45 John St, Sturgeon Falls

Resurrection: 55 Cache St, Cache Bay Père Paradis: 1284 Highway 64 S, Verner

Msgr. Walter Bradley: Field

## Lady Auxiliary, Royal Canadian Legion

Branch 225: 201 River Street, Sturgeon Falls lapresident@westnipissinglegion.ca
Ladies Auxiliary of the Royal Canadian Legion Branch #225 | Facebook

# **Royal Canadian Legion, Branch 225**

201 River Street, Sturgeon Falls 705-753-0921, mailbox@westnipissinglegion.ca West Nipissing Legion - Branch 225 | Facebook

# Société Historique de Nipissing Ouest

Société historique de Nipissing Ouest | Facebook

#### **Union Culturelle des Franco-Ontariennes**

Strugeon Falls: 45 John Street, 705-482-1486 Verner: 11790 Hwy 64 South, ucfoverner@gmail.com Union Culturelle des Franco-Ontariennes | Facebook

#### **West Nipissing Historical Society**

West Nipissing Historical Society | Facebook

We do our best to maintain a comprehensive and up-to-date Leisure Guide; however, many activities are organized by independent clubs and businesses. To recommend any corrections, please email us at volunteer@westnipissing.ca.



HOSTED BY THE **MUNICIPALITY** 

**𝚱** Events Calendar

Find your *full* in West Nipissing

March Break programming at the arenas, pool, museum and libraries

#### JULY

**Canada Day** activities, followed by fireworks at the Sturgeon Falls beach

#### OCTOBER

Fall Festival at the museum

Kids Safe Halloween at the Community and Recreation Centre

#### DECEMBER

Parade of Lights downtown

**Seniors Christmas Party** at Marcel Noël Hall

Holiday activities at the arenas, pool, museum and libraries





#### Feast on the Farm

744 Quesnel Road, Sturgeon Falls 705-753-1876 contact@leisurefarms.ca leisurefarms.ca

#### **Field Winter Carnival**

Field Covered Rink, Jarbeau Street Field Recreational Committee Events

## **River & Sky Music and Camping Festival**

Fisher's Paradise, 3636 Highway 539, Field 705-280-7206 info@riverandsky.ca riverandsky.ca

### **Verner Ram Rodeo**

141 Millrand Road, Verner 705-477-0662 ramrodeoontario.com

#### **West Nipissing Pride Parade**

Downtown Sturgeon Falls westnipissingpride@gmail.com westnipissingpride.ca

#### **Outdoor Summer Market Series**

204 King Street, Sturgeon Falls Sturgeon Falls Beautification Group

### **Fishing Tournaments**

**Sturgeon Falls Pike Tournament** · Cache Bay piketournament@gmail.com piketournament.ca

Nipissing Bass Series · Sturgeon Falls Nipissing Bass Series

North Bay BASSmaster Classic · Lavigne northbaybassmaster@gmail.com northbaybassmasters.com

#### **Pow Wows**

#### **Dokis First Nation**

Giiweiwan Traditional Grounds Annual event in June DokisPowwow

#### **Nipissing First Nation**

Garden Villlage Annual event on Labour Day weekend NFN Annual PowWow



The Leisure Guide does not feature all events in the area. However, community groups and businesses can request to add functions to the online events calendar at any time.

westnipissing.ca/events



# **ENTERTAINMENT**

& OUTDOOR LEISURE

## **Barn + Bliss Weddings and Events**

150 Eugene Road, Verner 705-677- 4584 barnandbliss@gmail.com barnandbliss.com

#### **Club Calumet**

227 King Street, Sturgeon Falls clubc0404@gmail.com
<u>Club Calumet</u>

### **Lavigne Tavern**

10521 Highway 64, Lavigne 705-594-2301 lavignetavern.com

#### **Leisure Farms**

744 Quesnel Road, Sturgeon Falls 705-753- 1876 contact@leisurefarms.ca leisurefarms.ca

## **Old McDonald's Family Farm**

140 Poirier Road, Lavigne 705-492-2344 info@oldmcdonaldsfamilyfarm.ca <u>oldmcdonaldsfamilyfarm.ca</u>

#### **Sonia's Patio**

227 King Street, Sturgeon Falls 705-753-9092 info@soniaspatio.com <u>Sonia's Patio</u>

#### **Twiggs Sturgeon Falls**

300 King Street, Sturgeon Falls 705-753-5881 <u>Twiggs SF</u>

