

West Nipissing Community and Recreation Centre
Centre communautaire et récréatif de Nipissing Ovest

Fall 2026 Automne 2025	MONDAY LUNDI	TUESDAY MARDI	WEDNESDAY MERCREDI	THURSDAY JEUDI	FRIDAY VENDREDI	SATURDAY SAMEDI	SUNDAY DIMANCHE
	POOL / PISCINE	GYM	POOL / PISCINE	GYM	POOL / PISCINE	GYM	GYM
6:30AM - 7:00 AM							
7:00AM - 7:30AM							
7:30AM - 8:00AM	Open Lap Swim Natation en longueurs libre		Open Lap Swim Natation en longueurs libre		Open Lap Swim Natation en longueurs libre		
8:00AM - 8:30AM	7 a.m. - 9 a.m.		7 a.m. - 9 a.m.		7 a.m. - 9 a.m.		
8:30AM - 9:00AM							
9:00AM - 9:30AM							
9:30AM - 10:00AM	Aqua Fitness Cours d'aquaforme		Open Swim (All Ages)/Natation libre		Open Swim (All Ages)/Natation libre	Open Lap Swim Natation en longueurs libre	
10:00AM - 10:30AM	9:30 a.m. - 10:15 a.m.		9:30 a.m. - 10:30 a.m.		9:30 a.m. - 10:15 a.m.	9 a.m. - 10:30 a.m.	
10:30AM - 11:00AM							
11:00AM - 11:30AM						Public Swim Natation publique	Open Gym Gym libre
11:30AM-12:00PM	Adult Leisure Swim Natation récréative adulte		Adult Leisure Swim Natation récréative adulte		Adult Leisure Swim Natation récréative adulte	10:30 a.m. - 12:30 p.m.	8 a.m. - 2 p.m.
12:00PM - 12:30PM	11 a.m. - 1 p.m.		11 a.m. - 1 p.m.		11 a.m. - 1 p.m.		Open Gym Gym libre
12:30PM - 1:00PM						Rent me! 12:30-1:30pm	8 a.m. - 2 p.m.
1:00PM - 1:30PM	Open Lap Swim/ Parent & Tot	Open Gym Gym libre	Open Lap Swim/ Parent & Tot	Open Gym Gym libre	Open Lap Swim/ Parent & Tot		
	Natation en longueurs libre/Parent et bambin	6:30 a.m. - 9:00 p.m.	Natation en longueurs libre/Parent et bambin	6:30 a.m. - 9:00 p.m.	Natation en longueurs libre/Parent et bambin		
1:30PM - 2:00PM	1 p.m. - 2 p.m.		1 p.m. - 2 p.m.		1 p.m. - 2 p.m.		
2:00PM - 2:30PM							
2:30PM - 3:00PM							
3:00PM - 3:30PM							
3:30PM - 4:00PM							
4:00PM - 4:30PM							
4:30PM - 5:00PM	Private Swimming lessons						
5:00PM - 5:30PM	Cours privés						
5:30PM - 6:00PM	4 p.m. - 7 p.m.						
6:00PM - 6:30PM							
6:30PM - 7:00PM							
7:00PM - 7:30PM	Aqua Fitness Cours d'aquaforme						
7:30PM - 8:00PM	7 p.m. - 7:45 p.m.						
8:00PM - 8:30PM	Open Swim (Adult) Natation libre (adulte)						
8:30PM - 8:45PM	7:45 p.m. - 8:45p.m.						

Swimming lesson registration will open Saturday, September 12th at 8am. Visit our website for more information and to register: www.westnipissing.ca

Les inscriptions aux cours de natation débuteront le samedi 12 septembre à 8 h. Pour plus d'informations et pour vous inscrire, rendez-vous sur notre site web : www.westnipissing.ca